

MEDTRONIC CARELINK™ PERSONAL

EMPOWERING
THERAPY DECISIONS

**Easy to Use, Easy
to Share**

Personalised Diabetes
Therapy Insights

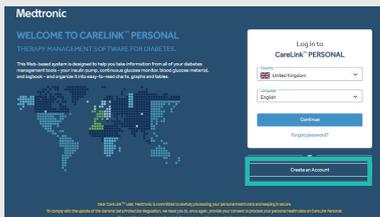


REGISTRATION GUIDE

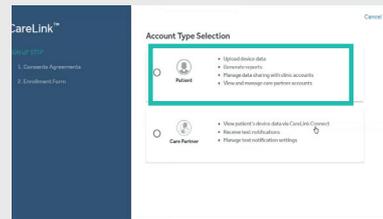
New CareLink™ Personal uploader
Easy to Use, Easy to Share.
Tailored Visual Insights



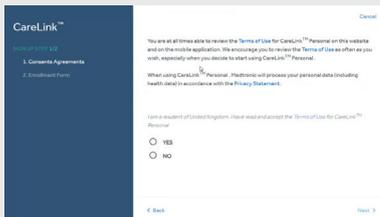
SIMPLE PROCESS TO REGISTER YOUR ACCOUNT



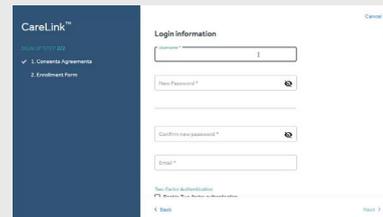
1 Go to www.Carelink.minimed.eu and select your country and preferred language. Click on 'Create an account'.



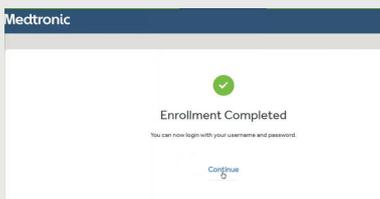
2 Select 'Patient' as your account type and click 'Next'.



3 You will be taken through the relevant Medtronic terms & conditions and your consent is required for account set up. Please ensure you scroll down to the bottom of the pages and make your selection.



4 Please fill in the relevant information in the fields provided. Note: the password must be at least 8 characters.



5 Your enrollment is now complete.

INSTALL GUIDE

New CareLink™ Personal uploader

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IMPROVE YOUR DOCTOR VISITS BY UPLOADING TO CARELINK™



Upload regularly



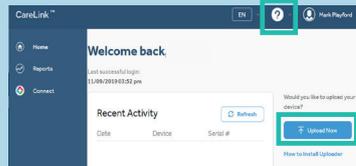
Understand your glucose pattern



Collaborate with your doctor

GET STARTED BY DOWNLOADING THE NEW UPLOADER INSTALL FILE

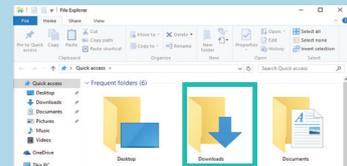
A one-time download per computer where you wish to upload your device.



- 1 Log in to CareLink™ Personal
 - Click "How to install Uploader" OR
 - Click on the "?" and then "How to install Uploader"

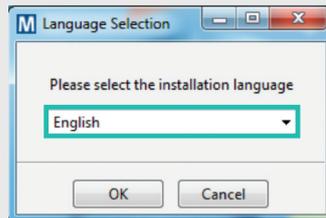


- 2 Click the download link and select a location to save the uploader file

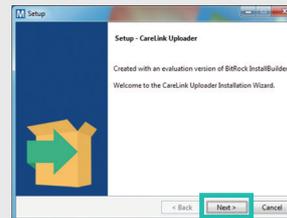


- 3 Find the downloaded file. Open the file and select "Run"

AFTER DOWNLOADING, INSTALL THE UPLOADER



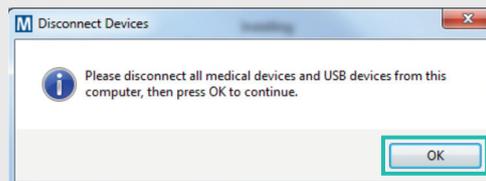
- 1 Choose your language



- 2 Click "Next"



- 3 Click "Next"



- 4 Make sure your CareLink™ USB or meter are not plugged in and click "OK"
 - Click "Finish" to complete the installation



NOW, YOU'RE READY TO UPLOAD

Return to your CareLink™ Personal Homepage as you are ready to upload your Pump or Meter to CareLink™.

Please refer to our Uploader Guide for upload instructions.

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UPLOAD GUIDE

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TO ENSURE SUCCESS, GET EVERYTHING READY

Plug your USB or meter
into your computer

- Place your pump as close as possible to the CareLink™ USB or meter that is plugged into your computer
- Keep the meter linked with the pump



Make sure your pump is
ready to upload

Check that the pump is not on
one of these screens.



Checklist:

- No temp basals
- No alarms
- No active bolus
- No low battery

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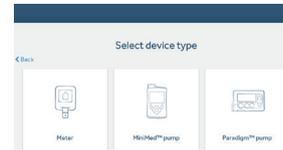
UPLOADING YOUR PUMP OR METER



1 From the home page click "Upload now" and wait for uploader screen to show



2 Click "Add new device" if this is your first upload.



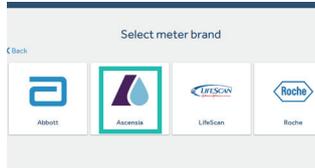
3 Select your device type if this is your first upload.



3a If this is not your first upload then select the device you wish to upload on the 'Select your device type' screen.



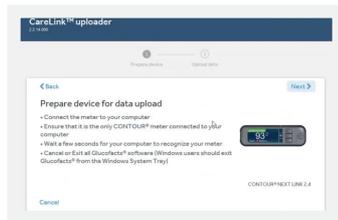
Meter



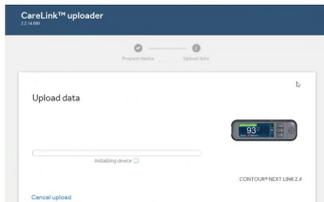
Select the meter brand if you want to upload BG meter data only.



Select meter model.



Click on 'Next' to prepare device for upload.



Wait for upload to complete.



Upload success.

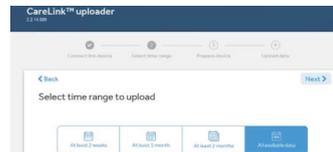
Pump



Select your pump type.



Connect link device.



Select time range to upload.



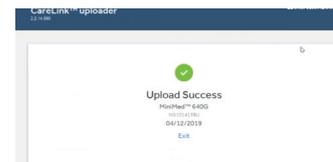
Follow on screen instructions to prepare device for data upload.



Enter your pump serial number (first upload only).



Wait for upload to complete.



Upload success.

Safety Information: CareLink™ software

CareLink software is intended for use as an adjunctive tool to help manage diabetes and is NOT intended to be relied upon by itself. For detailed information regarding the instructions for use, indications, contraindications, warnings, precautions, and potential adverse events, please consult the device manual.



DAILY REVIEW REPORT GUIDE

New Medtronic CareLink™ Personal uploader

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This report can help you by showing you your selected days individually in much more detail. It can be used to see when you have had Automode exits so that you can identify any patterns and minimise your time in manual mode.

This Report Guide belongs to:

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DAILY REVIEW REPORT GUIDE

NEW Medtronic CareLink™ Personal uploader



1 Report name and page number.

2 The total insulin delivery for the day and the split between basal and bolus.

3 Time in range data for that particular day.

4 An example of a set change – your pump suspends insulin delivery while you change your infusion set and reservoir. TIP: We recommend changing your infusion set and reservoir every 2-3 days.

5 The orange parts of the graph represent a time when the pump was using SmartGuard insulin suspension to avoid hypoglycaemia.

6 A break-down of insulin delivery for a bolus. Only available in manual mode.

NOTES

PERSONALISED DIABETES INSIGHTS TO EMPOWER YOUR THERAPY DECISIONS

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WEEKLY REVIEW REPORT GUIDE

NEW Medtronic CareLink™ Personal uploader

Easy to Use, Easy to Share.
Tailored Visual Insights

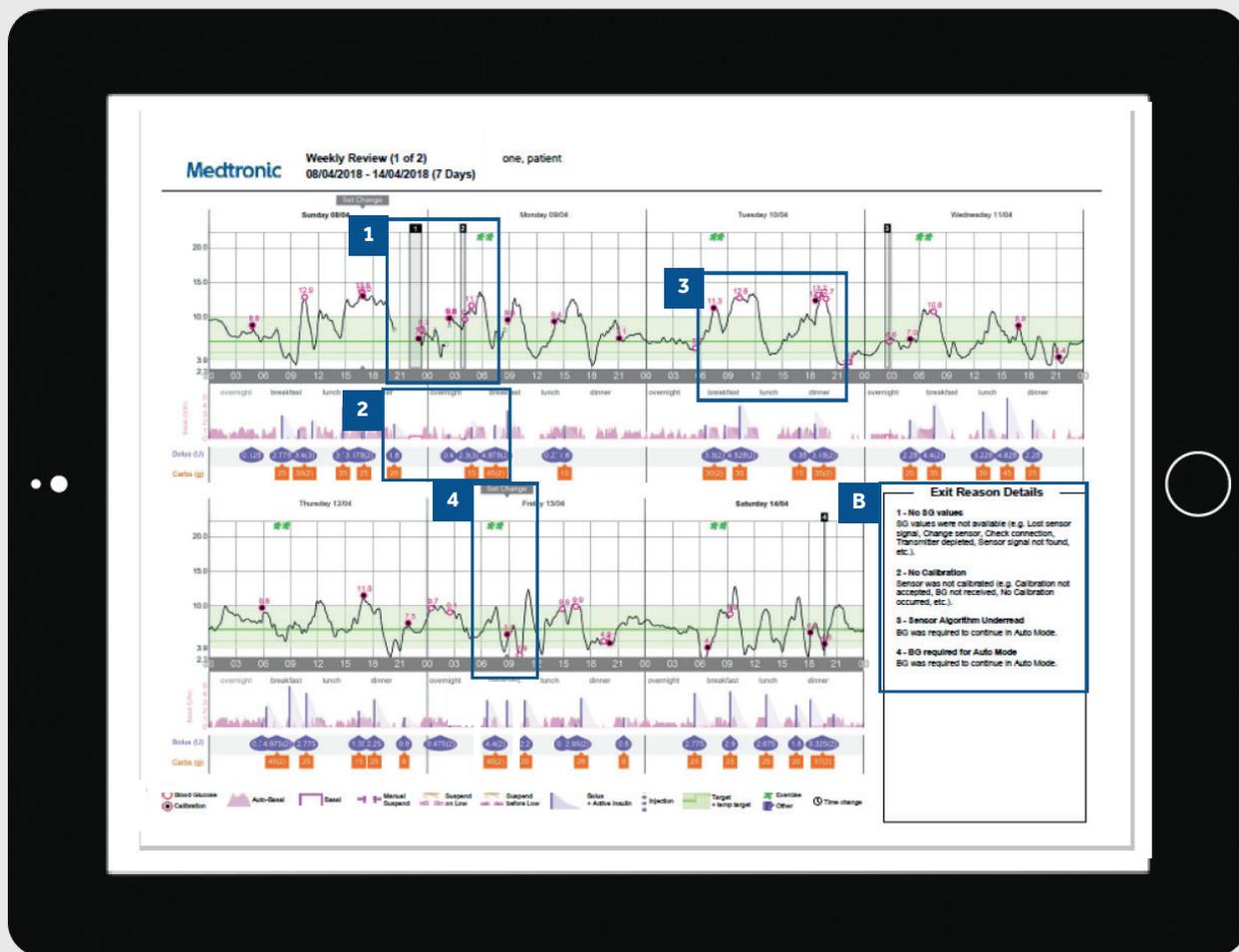
This report generates data from your selected date range. It shows you your sensor, insulin delivery and events information. Seven days are displayed on each page to easily assess any trends and patterns over the week period.

This Report Guide belongs to:

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WEEKLY REVIEW REPORT GUIDE

NEW Medtronic CareLink™ Personal uploader



1 The black boxes indicate periods where your pump exited automode. The numbers correspond to the exit reason detail panels in section B.

2 This area represents your insulin delivery. Solid pink lines represent manual mode delivery and the pink shading represents your automode basal delivery. If you deliver a bolus it will be purple with carbohydrate and insulin info.

3 The solid black line is your sensor trace and the small circles represent blood glucose values entered. The circle will be filled black if it was used for a calibration of the system. TIP: We recommend calibrating your sensor 3-4 times per day.

4 This report will also show you events such as a set change or entered exercise periods.

NOTES

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MEAL BOLUS WIZARD REPORT GUIDE

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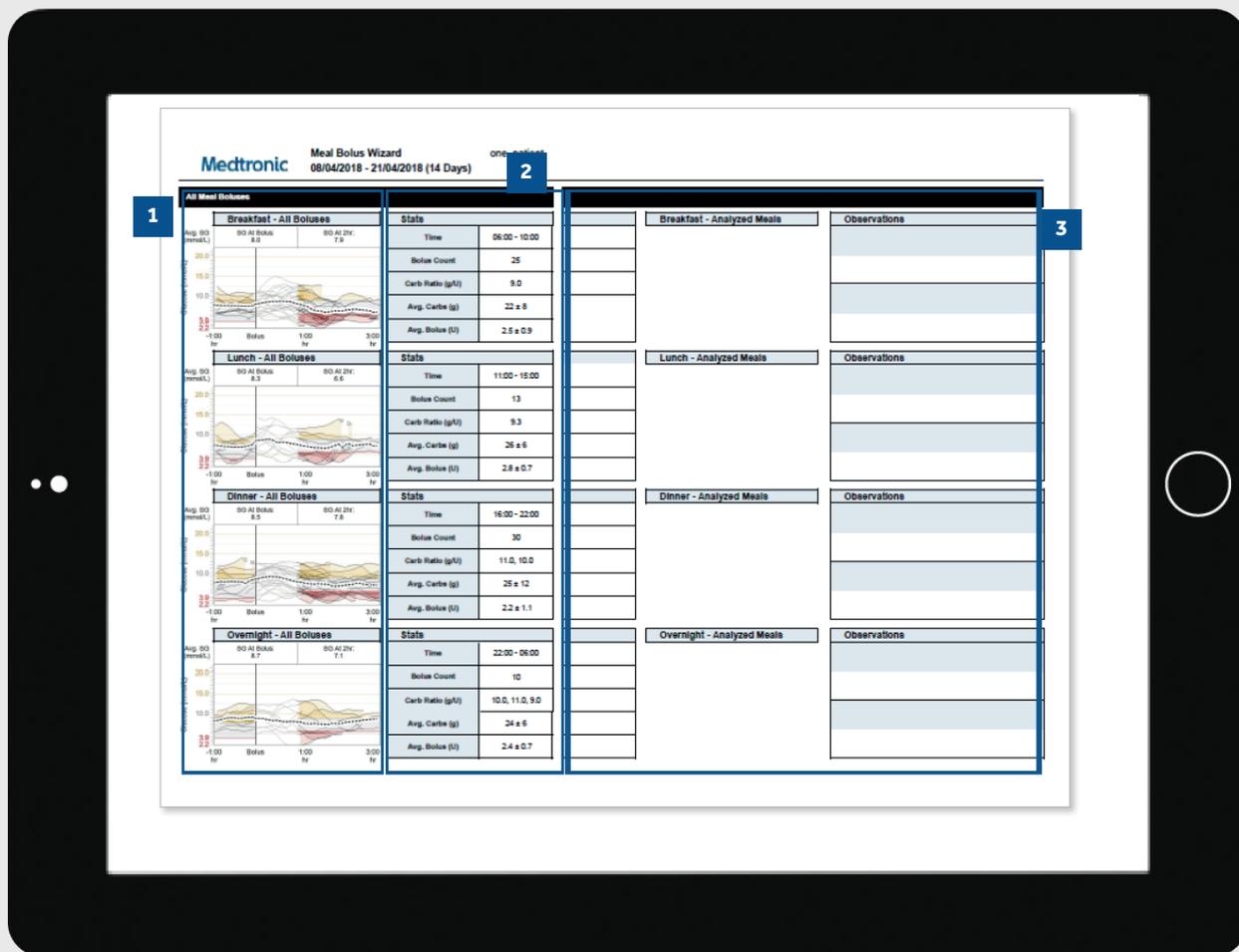
This report is designed to help you understand how your meals and carbohydrate intake can impact your time in range and your overall glycaemic control. To effectively make use of this report, it is important that your preferences for meal times have been set correctly. Please see the preferences section if you have not done so.

This Report Guide belongs to:

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MEAL BOLUS WIZARD REPORT GUIDE

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1 All meals for the selected time frame will be displayed in each meal section. For example, if breakfast is set for 06:00 to 08:00, all boluses between these two times will have data displayed in the breakfast section.
TIP: Make sure your times are set wide enough to accommodate weekends.

2 Stats show your carbohydrate ratio for easy review and how many boluses you are taking. You can also see what your current meal time preferences are.

3 This section of the report is left blank so if you print your report, you have somewhere to take notes.

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ASSESSMENT AND PROGRESS GUIDE

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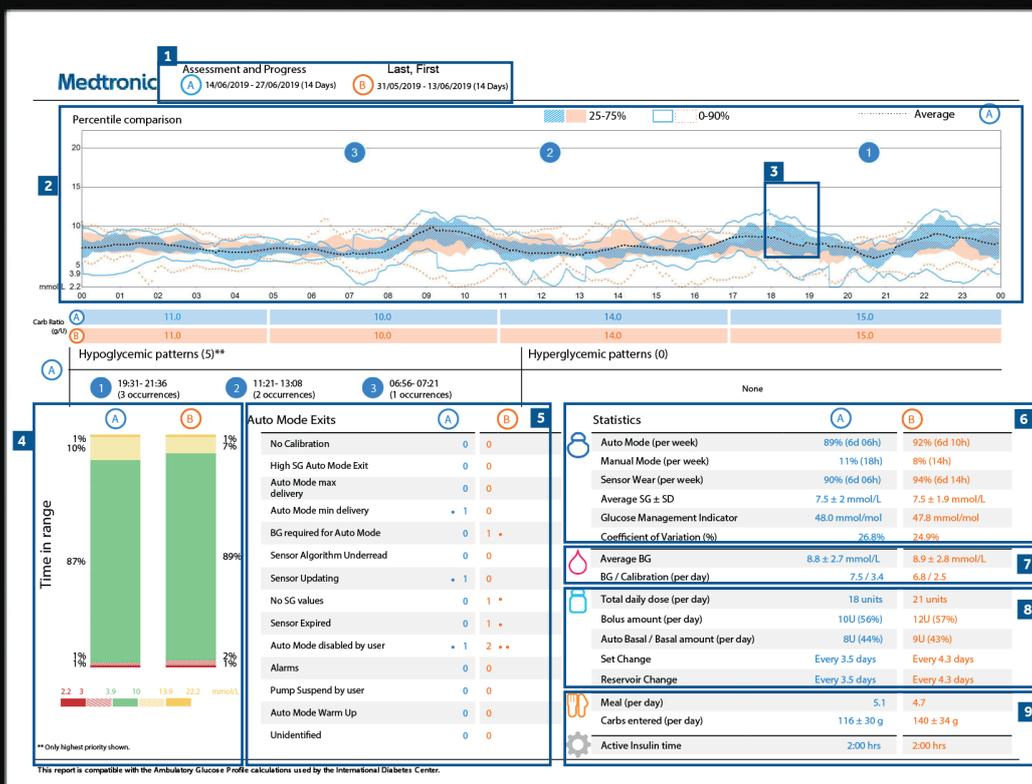
This report is a quick information table for you to assess your sensor wear, blood glucose monitoring, bolus details and set change information. It can be used to help to see if you have any behavioural patterns that could be changed.

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ASSESSMENT AND PROGRESS GUIDE

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- These are the date ranges of your data. Data A (blue) is your selected time frame i.e. the past two weeks from the date of upload. Data B (orange) is your past data i.e. the two weeks before that to make comparison easy.
- This graph represents all of your sensor readings over 24hrs (midnight to midnight) the colours remain the same for the data A or B. The dark shaded areas represent where most of your SG (sensor glucose) readings fell within that time period. The coloured dotted line represents how far spread out the rest were. A tighter band means tighter control.
- The dark dotted line represents your average SG levels for data A only.
- This is your time in range (TIR) data between 4 – 10 mmol/l and this can again be compared side by side data A vs data B so you can easily track any changes.
- Here you can see all the reasons for automode exit and how many times each one occurred to you in both data sets.

- These figures show how long you spent in automode and manual mode as well as your average SG value and your glucose management indicator (GMI). Your GMI will be similar to your laboratory HbA1c that is taken from your blood sample but it should not be treated the same as your lab HbA1c.
- This is your blood glucose data. An average value and also how many times per day you have been calibrating your sensors.
- This is your insulin use data. How much you are using altogether, how much is basal and how much is bolus and also how often you have been changing your infusion set and reservoir.
- This section is about your food. It will work out how many meals per day you are eating and the carbohydrate amounts per day. Your active insulin time is how long your pump thinks a dose insulin stays active in your body after it has been injected. Consult your healthcare team if you have any queries about this setting.

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ADHERENCE REPORT GUIDE

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This report is a quick information table for you to assess your sensor wear, blood glucose monitoring, bolus details and set change information. It can be used to help to see if you have any behavioural patterns that could be changed.

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ADHERENCE REPORT GUIDE

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Medtronic Adherence (1 of 1) one, patient
08/04/2018 - 21/04/2018

1	2		3				4						
	Glucose Measurements		Bolus Events				Fill Events						
BG Readings	Sensor Duration (h:mm)	Manual Boluses	Bolus Wizard Events	With Food	With Correction	Overrides	Rewind	Cannula Fills	Cannula Amount (U)	Tubing Fills	Tubing Amount (U)	Suspend Duration (h:mm)	
Sunday 08/04/2018	6	21:20		9	6	4		1	1	0.3	1	8.6	0:48 [⊕]
Monday 09/04/2018	10	23:30		8	4	4							0:15 [⊕]
Tuesday 10/04/2018	8	24:00		8	6	1							0:21 [⊕]
Wednesday 11/04/2018	5	24:00		6	5	2							0:21 [⊕]
Thursday 12/04/2018	3	24:00		8	6	1							0:21 [⊕]
Friday 13/04/2018	8	24:00		9	5	4		1	1	0.3	1	10.2	0:21 [⊕]
Saturday 14/04/2018	4	24:00		6	6	1							0:05 [⊕]
Sunday 15/04/2018	6	21:10		8	6	3		1	1	0.3	1	3.2	0:05 [⊕]
Monday 16/04/2018	10	24:00		11	7	4							0:22 [⊕]
Tuesday 17/04/2018	8	24:00		12	9	4							0:38 [⊕]
Wednesday 18/04/2018	4	24:00		9	7	3							0:08 [⊕]
Thursday 19/04/2018	7	24:00		15	10	5		1	1	0.3	1	12	0:08 [⊕]
Friday 20/04/2018	4	23:55		10	8	2							0:42 [⊕]
Saturday 21/04/2018	1	8:05		3	3	1							0:42 [⊕]
Summary	8.4/day	13h 02m 00m	0.0/day	9.2/day	72.1%	32.0%	0.0%	4	4	0.3U fill	4	8.5U fill	3h 34m

⊕ Partial day ⊕ Suspend ⊕ Suspend On Low ⊕ Suspend Before Low Note: Partial days will not be included in summary averages. Days on which a time change occurred are considered to be partial days.

- 1 This lists how many blood glucose tests you have done each day with an average over the whole time selection at the bottom per day.
- 2 This column shows what duration per day you have worn a sensor, with a per day average at the bottom. If you have not worn a sensor, this field will be blank.
- 3 These two columns show how many manual boluses and bolus wizard bolus you have taken/accepted. You should be aiming to use as few manual bolus' as possible. This is further broken down in the next few columns to show if the insulin was food, correction and if the bolus wizard was overridden.

- 4 This column shows how long per day your pump was in suspend and the coloured symbols denote what kind of suspend it was. There is a key at the bottom of the report to explain the symbols.
- 5 These columns show details on when the pump registered reservoir rewinds and cannula fills. You should be aiming to change your infusion set and reservoir every 2-3 days.

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LOG BOOK REPORT GUIDE

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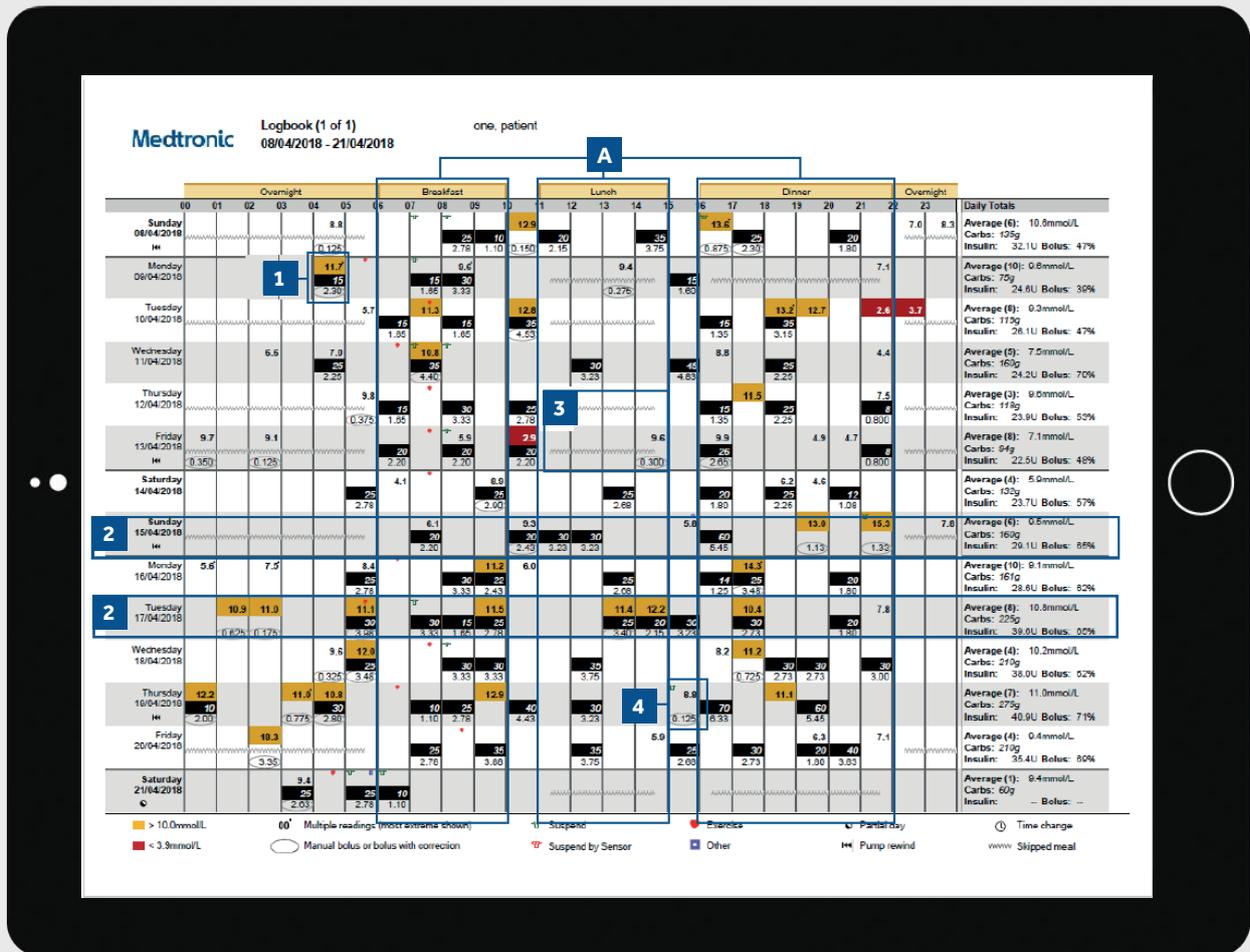
This report shows information on carbohydrate intake, bolus information and blood glucose levels day by day and hour by hour. It is in a table instead of a graph if this is how you prefer your information.

This Report Guide belongs to:

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LOG BOOK REPORT GUIDE

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- 1** Each bolus event corresponds to the time and date taken and contains blood glucose information (red if low, no colour if in range and orange if above range), carbohydrate entered (in black) and insulin delivered.
- 2** These examples allow you to view sudden increases/decreases in carbohydrate intake to help identify any patterns.
- 3** This shows a meal time has been set (highlight A) but no meal bolus was given. The report counts this as a missed meal and puts in a zigzag line.
- 4** Shows an example of a bolus with no carbohydrates. This could be a correction or a manual bolus.

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