

Medtronic

Sun, fun, and diabetes

Practical tips so you can enjoy summer to the fullest with your Minimed™ 780G, Extended™ infusion set and CGM



Select the best sites.



Insert your sensor and infusion set in their approved locations. For **Guardian™ 4 sensor, wearing it in the back of the upper arm** plays a big part in providing the best possible experience.



Keep the site secure by selecting a spot that is flat, doesn't have scar tissue, and won't interfere with summer clothing.

Secure your sites.



Help the adhesive better stick to your skin by preparing your site with alcohol or skin prep solutions. Avoid inserting your CGM & infusion set straight after a shower while the skin is warm as this can impact the set adhering to the skin



Avoid using lotions, creams, or aerosols (like sunscreen), until after insertion and taping are done, as this may make it harder for the adhesive to stick.



After insertion, when removing the needle from the sensor or infusion set, hold the site down with two fingers so that it stays in place.



Consider an additional piece of tape if you find that you're sweating more, or summer clothing has your sites more exposed. For your CGM, first apply the two pieces of Oval Tape as directed, and then add the additional piece of over tape on top.

Take extra precautions on summertime adventures.

By air:



- ✓ Wear your full system in an airport metal detector or alternate screening, like a pat-down.
- ✗ Don't go through the full body scanner with a pump, infusion set, sensor, or CGM transmitter.
- ✗ Don't put your insulin pump through the baggage X-ray.

By car:



- ✓ Pack plenty of emergency supplies for road trips or overnight stays.
- ✓ Store insulin at the temperature recommended by your insulin manufacturer.
- ✓ Don't leave a device or supplies in a hot car, or in direct sunlight by a pool or beach.

No matter how you travel, keep a close eye on your glucose because stress, activities, foods, and time zones can all affect you. If changing time zones, talk to your healthcare team about when to update the time on your pump.

If summer activities include some splish-splash...

Know the water guidelines for your device.



The MiniMed™ 780G insulin pump is waterproof at the time of manufacture and when the reservoir and tubing are properly inserted. These pumps are protected up to 2.4 meters for up to 30 minutes.



After the Guardian™ 4 transmitter and sensor are connected, they form a waterproof seal to a depth of 2.4 m for up to 30 minutes. Shower and swim without removing them. CGM readings may not be transmitted from the CGM to the pump while submerged in water. See user guide for more details.

Take care with skincare.



Did you know? Some skin care products, like sunscreen, lotion, and insect repellents, can damage the plastic on the pump case. After using these, wash your hands before handling your pump. If the product touches the pump, wipe it off with a damp cloth and mild soap.



Live your best summer life!

Since your summertime plans are unique to you,
speak with your healthcare team for specifics regarding your care.

Always follow the directions for use

The MiniMed 780G insulin pump is indicated for use by patients age 7-80 years with Type 1 diabetes, whose total daily dose of insulin is 8 units per day or more. Indications for GS4 The Guardian sensor 4 is intended for insertion into persons ages 7 years and older

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*If sensor glucose (SG) values do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions. Refer to System User Guide

Information contained herein is not medical advice and should not be used as an alternative to speaking with your doctor. Discuss indications, contraindications, warnings, precautions, potential adverse events and any further information with your healthcare professional

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